Code of communication

Respectful communication is a key for achieving fruitful results in a workshop like GreenerAge. Here are some guidelines that help to build an inclusive group that is outcome-oriented while showing respect for different personal backgrounds and communication styles:

1. Be ready to examine your opinions and perceptions. We are here to develop and learn from each other. This can only happen if assumptions are not considered carved in stone. Be open to the possibility of being wrong.
2. Be careful and honest in your wording. Nobody expects you to follow mainstream opinions all the time. However, it helps to start your statements with “I wonder if …” or “It appears to me that …” to facilitate pondering facts.
3. Practise empathetic listening. Be attentive and responsive to others’ inputs. This helps to build an emotional connection with the other person and find similarities between their experience and your own.
4. Try to put up with ambiguity. We are not here to debate who is right or wrong. If you come across a statement you don’t agree with, ask clarifying questions before you answer. There may be important reasons for that statement.
5. Be solution- and common-ground-oriented. As a participant of a GreenerAge workshop you are – like the others in this workshop – interested in making our world more sustainable. This intention counts a lot. There may be different solutions for each person.

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.